



FOCUS

February 2025

Daleheightschurch.org

Church Love – 9 Ways to Love One Another

Dale Heights Staff

Pastor:
(vacant)

Treasurer:
Wendy Weber

Music Director
Dr. Alissa Freeman

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Custodians:
Felipe Ruiz
& Lily Fabella

Grounds Keeper:
Brian Lorey

Session Members

Acting Moderator:
Kristin Frederich

Clerk:
Gale Oakes

Verena Straubhaar (2025)
Gerry Klump (2025)
Edi Chan (2026)
Gale Oakes (2026)
Barb Fleishman (2027)
Wendy Weber (2027)

The Bible teaches that for Christians, God is our Father, other Christians are our brothers and sisters, and the church is like a family and we are to love one another.

Like every family, the church is made up of imperfect people who need to ask for forgiveness, receive grace and grow in their love for the other members of the family. With that in mind, here are nine practical, simple ways that we as a church family can grow in church love.

1. **Pray:** One of the most loving things that we can do for each other as a church family is to pray for one another. *"Beloved, pray for us."* —1 Thessalonians 5:25
2. **Gather:** In this age of technology and digital "friendships," one of the most loving things we can do is gather together in person to worship. *"Not neglecting to meet together, as is the habit of some."* —Hebrews 10:25
3. **Community:** There are approximately 90 "one another" verses in the Bible: greet one another, comfort one another, seek good for one another. We can better live out these commands when we spend time together in community. *"Live in harmony with one another."* —Romans 12:16
4. **Serve together:** Service is a practical, tangible way to show others the love that God has already shown us. *"Two are better than one, because they have a good reward for their toil."* —Ecclesiastes 4:9
5. **Show honor:** God's children can show love by speaking words of honor where honor is due: for a job well done, for a particular servant-hearted act, for longevity in the faith, etc. *"Outdo one another in showing honor."* —Romans 12:10
6. **Encourage:** In this world, trials and hardships are all too frequent. God has put us together as a church family so that we can encourage each other as we face these difficulties. *"Therefore encourage one another and build up each other, as indeed you are doing."* —1 Thessalonians 5:11
7. **Forgive:** *"Bear with one another and, if anyone has a complaint against another, forgive each other; just as the Lord has forgiven you, so you also must forgive."* —Colossians 3:13
8. **Play:** As a church family, we can love each other by simply having fun together. *"It is God's gift that all should eat and drink and take pleasure in all their toil."* —Ecclesiastes 3:13
9. **Speak truth:** *"Speaking the truth in love, we must grow up in every way into him who is the head, into Christ."* -- Ephesians 4:15

Adapted from an essay by pastor and author Aaron Gray

February

Breakfast

The Dale Heights monthly breakfast will be held on:

Saturday
February 8, 2024 at 9 a.m.
Guest Chef: Keith Chan

Serving will begin at 9:00 am.
The suggested donation is \$4.

RSVP to Roy L. if you have not already done so.

What's New at JustBakery?

The **JustBakery** Winter Specials are up and running!

Valentine's Day Goodie Bag (\$20) includes:

- ♥ 6 macarons
- ♥ 2 chocolate ganache brownies
- ♥ 4 vegan Linzer heart cookies

Order by 2/10 for pickup or delivery.

Remember, one of the best ways to support JustBakery is by purchasing our delicious treats!

Church Office Hours:

9:00a-12:00n *
Monday through Thursday
**Temporary*



Birthdays:

- 3** Marlowe Elizabeth Eldridge
- 4** Madalitso Wright
- 18** Jan Roberts

Choir

Wednesdays from 7:15 – 9 p.m.

2/05/25

2/12/25

2/19/25

2/26/25

We invite all who are interested to join us.

Blessed is the one who has a heart for the poor. In the day of trouble the Lord has compassion on him.

~Psalm 41:1.

WE'RE HAVING A POTLUCK!

**Sunday,
March 2**



11:30 am

Arturo Ambriz will join us as the Executive Director of The Lussier Educational Center, which Dale Heights supports from our Outreach Committee budget.

Arturo will share their work in the Wexford Ridge Neighborhood near Ezekiel Gillespie Middle School (formerly Jefferson MS) and Vel Phillips Memorial High School.

We will hear how their mission and work affect and improve the lives of those who enter their doors.

Sunday, March 2 at 11:30 a.m.

Please bring your favorite salad, cut fruit, side dish, main dish or dessert

We and others like a potluck so please consider inviting a friend to join us!

**Please sign up on the Potluck Signup Sheet
in the gathering space.**

Thank you and see you there!

JOHN KNOX PRESBYTERY
Virtual **MEETING**

zoom

John Knox Presbytery is a community of communities: centered in Jesus Christ, linked to one another, and boldly responding to the Spirit's call to join God's mission.

Register to receive virtual meeting details!

FEBRUARY | 15TH | 2025

www.jknox.org

The first meeting of the presbytery will be held via Zoom on Saturday, February 15, 2025 –

Registration is now open!

Click the button below to either register or request to be noted as absent with notice.

Please, reach out to Senior Administrative Assistant Miranda Halsey if you have any questions regarding the registration process.

[View the Full Meeting Call Here](#)

[Register Here!](#)



SENIOR BRUNCH

February 21 at 12:30 p.m.

Third Friday of each month

If you're a senior 55+ or enjoy spending time with seniors, please come to the LCEC for a **no-cost lunch and informative programming** on the third Friday of each month, 12:30-2pm.

No reservation required.



What can we do to stay engaged and motivated to support making the world a better place while protecting ourselves from burnout, cynicism, bitterness and hostility?

GET UP!

Jesus said, "I tell you, get up, take your mat and go home."
- Mark 2:11 (NIV)

"Ring!" goes the alarm. It is a sound most of us do not like much because it marks the time to leave a soft, warm bed to get up and start a new work day with its daily responsibilities. And yet, we get up and begin the day.

The Gospels offer several examples of how a command from Jesus is the impetus to go forward. To the paralyzed man who was carried by friends and lowered through the roof of a dwelling, Jesus said, "get up, take your mat and go home." To the deceased young daughter of Jairus, the synagogue leader, Jesus said, "my child, get up!" (Luke 8:54).

"Get up!"

What an empowering statement from our Savior to motivate us. Throughout the Gospels, the Lord calls people to active service: "Go ... and preach" (Mark 16:15); "hand over your coat" (Matthew 5:40); "give to the one who asks you" (Matthew 5:42); "make disciples of all nations" (Matthew 28:19).

However we serve, the Lord promises always to be by our side in our journey. All we have to do is follow Jesus' command and get up!

Prayer: *May your words continue to inspire us, O God, as we engage in active discipleship for the good of your kingdom. AMEN*

~Estela Baldeón (Lima, Peru) for The Upper Room



Spotlight on

Acting Moderator/Supply Pastor Kristin Frederich

Kristin Frederich was born in Iowa and grew up in Denver, Colorado. She was ordained by the Presbytery of Pueblo, Colorado. Kristin's first parish was just outside of Aberdeen, Scotland. She served the Church of Scotland for five years before returning to the States.

After that, she moved with her family to Madison, Wisconsin where she served with Christ Presbyterian Church in the area of Spiritual Formation. After six years, the family moved to Philadelphia, Pennsylvania. Kristin was appointed the Dean of Student Formation at Eastern Seminary and also taught in that academic discipline.

Returning to Wisconsin, the family settled in Waunakee. From there, Kristin commuted to Cambria, Wisconsin where she was pastor at First Presbyterian Church for 18 years.

Kristin loves to swim and to read. She and her husband, Steve, have four grown kids. Two of their sons were married in 2024: one in Minnesota and the other in Holland! Even considering all the places she has lived, Kristin still loves to travel.

Kristin enjoys teaching and preaching, and serving with the Dale Heights Presbyterian Church.



Doubled-Up: Hidden Homelessness in Our Community **WayForward Resources Featured in The Cap Times**

WayForward Resources Housing Stability Director Taylor Rozman was interviewed about doubled-up housing and Connections, our program focused on this lesser-known (with fewer supports available) type of homelessness, in *The Cap Times*.

The article, "**As homelessness rises in Dane County, housing services are limited**," brought much-needed attention to the critical issue of creating housing stability in our community.

The word "homelessness" might bring to mind images of people sleeping on the sidewalks downtown or in their cars. However, there are many families, especially those with young children, experiencing a less visible form of homelessness known as "doubled up." Doubled-up housing is when people don't have a permanent home and are temporarily living with a relative or another household. Because there isn't a central system to track this type of homelessness, it's difficult to know the exact numbers. From school district tracking, we do know that **there are 2,000 students experiencing homelessness in Dane County**—and the majority of them are doubled up.

These stressful living situations do not offer stability since they could end at any time, risk eviction, and involve overcrowded conditions. Being in doubled-up housing is also a common precursor to entering emergency shelters. By focusing interventions earlier in a family's experience of homelessness, we can help families ahead of needing a shelter.

Learn more about this issue and the important work that WayForward Resources, our partners, and others are doing.

[READ THE ARTICLE](#)

We strive to meet the needs of our community by providing essential items to those who shop the food pantry. We understand the significance of having a well-stocked pantry, and we constantly work towards ensuring that everyone has access to nutritious meals.

To better serve you, we have compiled a list of our top 10 most needed items.

- Hearty soups
- Paper, plastic and reusable grocery bags
- Canned chicken or tuna
- Basmati, jasmine or white rice
- Masa
- Noodles (any kind)
- Canned tomatoes (any kind)
- Canned beans (all varieties)
- Canned fruit (all varieties)
- Condiments (any kind)

These items are crucial in meeting diverse dietary requirements and ensuring a balanced diet for individuals and families who access food from our pantry. By donating these items, you can make a significant impact and help us provide access to a variety of foods.

Buy items directly from our Amazon Wish List!

[Wish List](#)



Help Us Hit 1,000 Pounds!

The City of Middleton is proud to participate in the NexTrex Plastic Bag Recycling Challenge, a year-long initiative running from **February 1, 2025, to January 31, 2026**, aimed at reducing plastic waste. By collecting 1,000 pounds of plastic bags and wraps, Middleton will earn a recycled-material bench for the community.

Where to Drop Off:

- ♻️ **Middleton Recycling Center on Saturdays between 8:00 AM and Noon.** (4330 Parmenter Street, next to the Municipal Operations Center).
- ♻️ **Metro Market** (6800 Century Avenue).

What Can Be Recycled?

All items must be clean, dry, and free of food residue.

Accepted materials include:

- ♻️ Grocery and retail bags
- ♻️ Case and product wrap
- ♻️ Newspaper bags, dry-cleaning bags, and air pillows
- ♻️ **New for the challenge:** cereal bags, salt bags, shipping envelopes, Ziploc bags, and bubble wrap.

Please note that shopping bags will still be collected separately for donation to the Way Forward Food Pantry.

Collected materials will be transported to Metro Market and then sent to a Trex facility, where they will be transformed into durable products like plastic decking, railing, and benches.

<https://www.cityofmiddleton.us/829/Plastic-Bag-Recycling-Challenge>

DALE HEIGHTS PRESBYTERIAN CHURCH

5501 University Ave.

Madison, Wisconsin 53705



FEBRUARY CALENDAR

- 02 Sunday worship
- 05 Choir practice 7:15pm
- 08 Church breakfast **9:00 am**
- 09 Sunday worship
- 11 Property & Finance
- 12 Choir practice 7:15pm
- 16 Sunday worship
- 19 Choir practice 7:15pm
- 23 Sunday worship
- 26 Choir practice 7:15pm



Liturgists

- February 2: Verena Straubhaar
- February 9: Marcia Holman
- February 16: Carey Fleischmann
- February 23: Jim Fleischmann