



FOCUS

September 2024

Daleheightschurch.org

A last word

Dale Heights Staff

Pastor:
(vacant)

Treasurer:
Wendy Weber

Music Director
Alissa Freeman

Accounts Manager:
Dawn Westhoff

Office Manager:
Deb Hughes

Custodians:
Felipe Ruiz
& Lily Fabella

Grounds Keeper:
Brian Lorey

Session Members

Moderator:
(vacant)

Clerk:
June Zeeh

June Zeeh (2024)
Wendy Weber (2024)
Verena Straubhaar (2025)
Gerry Klump (2025)
Edi Chan (2026)
Gale Oakes (2026)

Dear Dale Heights Church Family,

Jan and I were filled with gratitude by your many messages of love and appreciation upon my recent retirement. You conveyed your love through your many acts and words of kindness and generosity, with cards, personal notes, financial gifts and the lovely potluck lunch, which was a true "Love Feast." We enjoyed the abundant and delicious food and time of conversation and fellowship, realizing such an amazing event required great planning, hard work, and generous giving.

To top off a great celebration, Wendy delivered to us a very generous check and cards filled with many well-wishes from you dear people, which we will always cherish. Although we are disconnected from you in terms of official ministry, we will always be bound to you with love and friendship, and sincerely hope to maintain personal contact and faithful praying for one another.

I thank you for the privilege of serving as your pastor for ten years, and we thank you for allowing us the privilege of sharing our lives and words and acts of love and kindness.

Our prayer for each of you is that you continue to grow in God's amazing grace until we all meet again at the feet of our Lord and Savior.

In His love,

Roger and Jan Roberts



SEPTEMBER

Breakfast

The Dale Heights monthly breakfast will be held on:

Saturday
September 14, 2024.

Serving will begin at 8:30 am.
The suggested donation is \$4.

RSVP to Roy L. if you have not already done so.

SEPTEMBER

Birthdays

- 4 Bill Sebert
- 9 Alicia Shumate
- 18 Jack Rose
- 20 Sandy Weigt
- 25 Roy Lembcke
- 28 Mary Becker
- 30 Elma Metzloff

Anniversaries

- 24 Jamie & Matt Engebregtsen



Church Office Hours:

9:00-1:00 *

Tuesday, Wednesday and Thursday.

The deadline for article submissions for the October issue of the FOCUS is September 23, 2024.

* subject to change due to school schedule

BE THE CHURCH

Protect the environment. Care for the poor. Forgive often.

REJECT RACISM. Fight for the powerless.

Share earthly and spiritual resources.

Embrace diversity. Love God. Enjoy this life.



Church Women United (CWU) Forum

Friday, September 6

9:00 - 9:30 a.m. Fellowship & Food
9:30 - 11:30 a.m. Meeting & program

Topic: Just Dane and Just Bakery

Speaker: John Givens and Assistant

Come join us for an insightful program designed to help formerly incarcerated people get training to move successfully into new lives.

Please contact Wendy if you are able to help set up at 4 PM on Thursday afternoon and also offered to be a hostess and be available at 9 AM on Friday.



**Project Regeneration Potluck
September 15
11:30**

Potluck / Presentation / Discussion

Please come with your delicious food of choice! Six to 8 servings would be appreciated and it can be ASAP (as simple as possible) if that is what works for you! There is a sign-up sheet in the concourse.

Please also come with listening ears and questions you may have about our journey with Project Regeneration!

We hope all who are able will attend because we are in this together and we welcome all input and thinking!

Questions? Contact Gerry or Wendy



An update on our Winter Wishes program



New ways to share JOY this holiday season

We recently made a difficult decision that we want to share with you because you have been such a strong supporter of Winter Wishes — **we will not be offering our Winter Wishes holiday gift card program this year.**

With the large increase in demand for food and housing in our community, **we need to focus our financial and staff resources on making sure families can stay in their homes and have enough to eat.** As you likely know, visits to our food pantry have tripled over the last two years, as has the amount of money we have to spend on food to keep up with the demand. The number of households that receive financial assistance each year from WayForward has increased by 90% since 2019. **We still need your help** — so please consider directing any support that would normally go to Winter Wishes toward our other programs.

We still have opportunities for you to engage your members in meaningful ways and also share joy this holiday season. This year the opportunities will be focused on food.

HOLIDAY BAKING BASKETS

Put together a basket or box of **shelf-stable and non-perishable essentials** for holiday baking.



All baskets should contain: **flour, white sugar, brown sugar, powdered sugar, baking soda, baking powder, salt, vanilla, and vegetable oil.** Consider personalizing your baking basket with a couple of add-ons such as: decorating sugars or sprinkles in a variety of colors, spices like cinnamon and nutmeg, cocoa powder, baking mixes, canned frosting, food coloring, packets of instant yeast, cookie cutters, oven mitts, spatula, a cookie sheet, or a rolling pin. Have fun and make it festive!

(continued on next page)

*You can also help families have the food they need at the holidays by **making a financial donation** so our food pantry can purchase enough butter, milk, eggs and other perishable items needed for holiday baking and meals.*

HOLIDAY RECIPES

We'll share favorite recipes and stories from both pantry guests and volunteers leading up to the holiday season, along with ways you can donate the ingredients needed to make them. We'll include items on our Amazon Wish List and update you via our email newsletter and social media.

More details to come on how you can help us build community and share traditions and joy with one another!

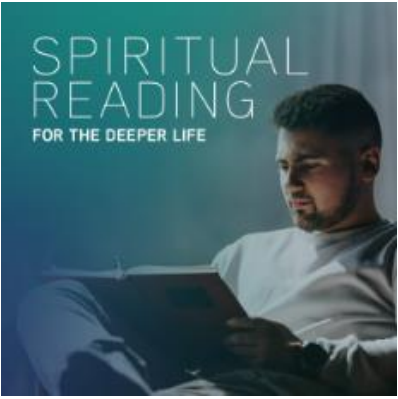
If you have questions or want to learn more about how you can get involved, contact Community Engagement Manager Jill Bradshaw, jill@wayforwardresources.org or (608) 836-2751.

Thank you for your continued support of our mission!





Reserve Your Place in *“Spiritual Reading for the Deeper Life”* – launching September 16



Join this reading group to discuss Dallas Willard’s *The Spirit of the Disciplines* and Ronald Rolheiser’s *Sacred Fire*.

Living a Christian life is both a privilege and a challenge. It is a privilege because it enables us to draw close to God, but a challenge because understanding and conforming to God’s purposes in the world requires our whole being. The path to

God is not always clear, and the obstacles we encounter along the way raise important and sometimes difficult questions.

This reading group will meet for six sessions, bi-weekly for the months of September, October, and November—two 90-minute meetings per month. During weeks 1-3, we will read Dallas Willard, *The Spirit of the Disciplines*. During weeks 4-6, we will read Ronald Rolheiser, *Sacred Fire*.

Led by Cam Anderson, anyone on a journey to know God, no matter what stage, will find this pair of books illuminating.

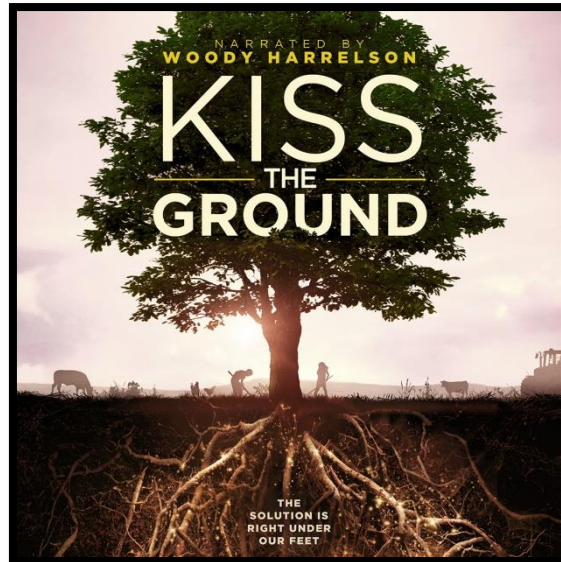
[Free Admission](#)

[REGISTER](#)

**Let's Talk About Soil, Part 1:
Kiss the Ground (documentary)**

Thursday, September 12, 6:30-8:45pm

**Sequoia Library - 4340 Tokay Blvd., Madison WI
Meeting Rooms A and B Combined**



The solution is under our feet!

Narrated and featuring Woody Harrelson, **Kiss the Ground** (2020, 84 minutes) is an inspiring and groundbreaking film that reveals the first viable solution to our climate crisis.

Kiss the Ground reveals that, by regenerating the world's soils, we can completely and rapidly stabilize Earth's climate, restore lost ecosystems and create abundant food supplies.

The film artfully illustrates how, by drawing down atmospheric carbon, soil is the missing piece of the climate puzzle. And you'll learn about regenerative farming!

We invite you to join us to learn and be inspired as well as encouraged!

This free screening is made possible by **ROCO Films** and is hosted in partnership with the **Midvale Heights Community Association Green Team**.

Let's Talk About Soil, Part 2: Making and Using Compost in Your Backyard

Looking Ahead and it's coming early in October!

Thursday, October 3, 5:30-6:30pm

**Sequoia Library - 4340 Tokay Blvd., Madison WI
Meeting Rooms A and B Combined**



What is compost and how can I use it in my yard?

Why should I compost?

What are the benefits of composting?

Can I make my own compost?



A certified **Master Gardener** Volunteer will answer these questions and many more during this talk. You will learn the role that oxygen, food and water play in the composting process. You will also learn what materials should never go in a compost pile.



**Speakers for this program are
Dane County Extension Horticulture Volunteers**



Food Scrap Recycle

Food scraps recycling drop-off is available **in Midvale Heights** and at two other locations around Madison. That's right up on S. Rosa Rd. and it's a **great** farmers' market as well!

FOOD SCRAP DROP OFF

Take Climate Action
Divert your food scraps from the landfill by taking them to one of Sustain Dane's farmers' market tables for free composting.

What To Scrap

- ✓ Raw Fruits
- ✓ Raw Vegetables
- ✓ Coffee Grounds
- ✓ Corn Husks & Cobs
- ✓ Loose Tea
- ✓ Eggshells
- ✓ Gourds

Remove stickers please!

What Not To Scrap

- ✗ Meat
- ✗ Dairy
- ✗ Cooked Food
- ✗ Bread
- ✗ Paper Products
- ✗ Produce Stickers
- ✗ Compostable Bags
- ✗ Compostable Utensils

SUSTAIN DANE FOOD FORWARD

Drop-Off Location:

West Community Market

**505 S. Rosa Rd;
within the Research Park
area**

**Saturday mornings,
7:00am to 12:30pm**

- Saturdays through October 5 via city funding. Drop-offs available every Saturday until November 2 thanks to a Youth Climate Action Grant won by Sustain Dane.

Check out the website for:

- **other drop off locations**
- **lists of food scraps you can and cannot drop off at the market sites**
- **a guide to composting at home and much more!**

Check it out!

<https://www.cityofmadison.com/streets/food-scrap/Scrap.cfm#AcceptedFoods>

DALE HEIGHTS PRESBYTERIAN CHURCH

5501 University Ave.

Madison, Wisconsin 53705

SEPTEMBER CALENDAR

- 01 Sunday Worship
- 05 Choir practice 7:15pm (Thursday)
- 06 CWU meeting 9am
- 08 Sunday Worship
- 10 Property & Finance
- 11 Choir practice 7:15pm
- 14 Church breakfast
- 15 Sunday Worship / Potluck
- 18 Choir practice 7:15pm
- 22 Sunday Worship
- 29 Sunday Worship

Liturgists

- September 1: Jim Fleischmann
- September 8: Marcia Holman
- September 15: Melanie Klump
- September 22: Barb Fleishman
- September 29: Janice Krall

