



Focus

January 2015

www.daleheightspc.org

A Message from Pastor Roger

Dale Heights Staff

Pastor:
Reverend Roger Roberts

Office Manager &
Director of Music:
Maggie Rogers

Financial Secretary:
Dick Corey

Custodian:
Rick Geiger

MOM Needs

*Pasta
Cereal
Spaghetti sauce
Peanut butter
Fruit juice
Jelly
Cooking oil
Sugar
Toothbrushes
Toothpaste
Diapers (4,5,6)*

Spiritual Fitness Resolution for 2015

Have you made your New Year's resolutions? A resolution is a personal commitment to oneself to change one's behavior or attain a particular goal in one's life. Some of these resolutions are to stop harmful behavior, such as smoking or overeating, and also to begin new disciplines, such as a new diet and regular exercise. A newspaper website I read a few years ago said:

"According to usa.gov, the most popular New Year's resolutions in the United states are spending more time with family and friends, becoming more fit, losing weight, quitting smoking and drinking, getting out of debt, learning something new, getting organized, and helping others. Many surveys say fewer than 10 percent of people who make New Year's resolutions achieve their goals, with almost half dropping off before the end of January."

One of the most obvious places demonstrating resolutions for the New Year is my fitness center. During the first several weeks of January, the workout room will be filled with new folks working assiduously on aerobic and weight machines, trying to lose excess pounds and getting into super-star condition. In January I'll have trouble finding an available machine, but come February, unoccupied machines will abound.

Writer Caleb Stephens (*Business Journal*) said that, "Once the ball drops in Times Square on December 31, fitness club owners begin the busiest month of the year. January brings a new crop of people whose top New Year's resolution is to get healthy. Local health clubs spend between 30 and 40 percent of their annual advertising budgets this time of year, club owners say."

"In January and February, people make a commitment to get on the right track," said Larry Pacifico, owner of Champions Gym in Kettering, Ohio. But signing up new members isn't the real challenge for health clubs anymore, it's retaining those members. That's because Pacifico said 70 percent of all new gym members quit in 21 days or less. In order to retain members, local gyms are focusing more on personal training and other ways to keep members coming back. When members are assigned a personal trainer, there's greater commitment because of accountability.

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Physical fitness and health improvement are good resolutions, but the Apostle Paul gives us an even worthier resolution in 1 Timothy 4:8, contrasting the surpassing value of godliness to physical training which has limited value. Godliness has “value for all things, holding promise for both the present life and the life to come.” I invite you to join me as we worship regularly and spend time daily in God’s word, holding ourselves accountable to God and one another to be spiritually fit in the New Year. Resolve, along with a fellow believer and friend (your accountability partner), to begin new habits. Make reading Scripture and good literature, personal and family prayer, and worship at DHPC regular practices in your and your family’s life in 2015. And don’t let your discipline be just routine and perfunctory, but make it rewarding. Set a goal to leave behind negative thinking and behavior, and grow in true Christlikeness in the New Year. As your pastor, I look forward to joining with you in getting spiritually fit in 2015.

Yours in his love and service,

—*Pastor Roger*

January 4 2nd Sunday after Christmas Day

Liturgist: Gerry Klump

Ushers: Roy Lembcke, Gale Oakes, Wendy Weber

January 11 Baptism of the Lord

Liturgist: Barb Fleishman

Ushers: Joan Hicks, Bonnie Savonne, Otty Schaefer

January 18 2nd Sunday after Epiphany

Liturgist: Gale Oakes

Ushers: Janice Krall, Rick Shannon, Vreni Straubhaar

January 25 3rd Sunday after Epiphany; Annual Congregational Meeting following worship

Liturgist: Wendy Weber

Ushers: Mike Holland, Tom Jones, Elizabeth Ndafooka

January New Beginnings

The January New Beginnings Lunch will be Tuesday, January 20 at 11:30 at Sofra Family Bistro, 7457 Elmwood Ave in Middleton.

Please call or e-mail Mary Towne at 692-3885 or marytowne45@gmail.com for reservations. **Please note new phone number and email.** Thank you.

Fill the Robes!

Our annual tradition of "Fill the Robes" Sunday continues this year. This is an opportunity for anyone to come and join the choir for a Sunday, singing the introit, anthem, and benediction response. This year's Fill the Robes will take place on Sunday, January 25. If you are interested in participating, please see Maggie, and come to rehearsal at 7:30pm on Thursday, January 22.

"Use what talents you possess; the woods would be very silent if no birds sang there except those that sang best."

—Henry Van Dyke



January Birthdays

January 5 Vicki Klump
January 9 Andy Lembcke (2008)
January 12 Keith Chan
Michelle Shannon
January 18 Colleen Shannon Longua

January Anniversaries

January 1 Bill and Lenore Mercer
January 17 Edi and Keith Chan

Church Women United

The Human Rights Celebration "Journey Toward Peace" will be held on Saturday, January 10, 2015 at Trinity United

Methodist Church, 1123 Vilas Ave. Brunch is at 9:00am, followed by the program at 10:00am. Cora White will be honored with the Human Rights Award.

All are invited.

—Ellie Metzloff & Kate Dooley,
Co-Key Women





Winter Weather Cancellation Policy

Although we prefer not to have to cancel worship, sometimes winter weather makes it necessary. If the decision is made to cancel worship, Maggie will send an email and change the answering machine by 8:30 a.m. on Sunday morning to indicate the cancellation. If you are at all unsure about whether or not to come to church, please check your email or call the church.

Above all, play it safe.

Property & Finance Highlights

December 9, 2014

- Furnace: Reviewed an \$850 bid from Air Quality to redo and raise the furnace intake PVC piping to prevent materials from entering the pipe and shutting down the furnace as happened on a recent Sunday. Will request a bid with a breakdown of labor and parts.
- Pledge drive and budget: the 2015 proposed budget was reviewed and is being sent to the session. Pledges coming in—approximately the same number as last year—and estimates based on previous giving were both used to determine the budget.
- Faucet replacements: two faucets in the women’s bathroom have been replaced. The three other faucets ordered have been received and installation will proceed this month.
- Attic: after receiving a very high-dollar estimate from Terminix, we’re doing a low-budget in-house campaign which is progressing nicely.
- Financials: financial reports as of 11/30/2014 were reviewed. There was a brief discussion of project options which have been postponed. These included asbestos tile removal and installation of new flooring in rooms such as the lounge, the MATC classroom, other classrooms and basement hallway; future AC/heating needs; drainage situation on the west side of the education wing; parking lot.
- Other: heard a brief report on Realm and began discussion on a list of items for possible disposal. Learned that to-date giving statements were mailed in early December.
- Next meeting: Tuesday, January 13, 2015, 7pm.



January *Outreach* News

Upcoming Potlucks

Stay tuned for potlucks in the new year. We are hoping to have one in January. You'll be the first to know!

The Peace Pole Garden

Read on...and don't miss the potential connection between you and peace in the New Year! There are still forms and envelopes available in the concourse to explain how you may consider donating to the Peace Garden Fund. An outright donation either in cash or by check made out to Dale Heights (with Peace Pole Fund in the memo line) may be made. You could also pledge a gift to the fund to honor or in memory of a person or an event, and payment may be made in the future. How about giving a New Year's gift to the Garden and yourself in YOUR name and commit to add some aspect of peace to your life? Plans are to offer donors the opportunity to briefly explain the purpose for the gift and including them in a binder which already exists. Please see Gale Oakes for further information.

Merry Christmas and...Sharing Christmas!

You here at Dale Heights sponsored a family of four this year: Dad, Mom, an 8-year-old daughter, and a 2-year-old son. This wonderful family is from Spain and has been here in the Madison area for three months. They want you to know the great appreciation they have for the gifts and what Dale Heights has done to make this Christmas so special.

Sharing Christmas, a program sponsored by Middleton Outreach Ministry (MOM), offers donors the opportunity to assist individuals and families in experiencing Christmas in a way maybe otherwise not possible due to a variety of reasons. Special thanks go out to Barb Fleishman, Kate Dooley, Janice Krall, Ellie Metzloff, Bonnie Savonne, Vreni Straubhaar, and Wendy Weber for their participation in Sharing Christmas.

The Road Home

We served a meal and provided overnight assistance on Thanksgiving Friday. And surprise! We are doing it again on Friday, January 9th! Please see Barb Fleishman or Wendy Weber if you have questions or wish to participate. Or simply join us for dinner on January 9 at 6:15pm. And good news...Waunakee Presbyterian Church will begin assisting us in 2015! What a blessing this will be!

Continued...

Outreach & Mission



January Outreach News, continued

Other items of interest...

- The committee has disbursed \$3500 to various organizations. Three of those organizations are Operation Fresh Start, The Odyssey Project, and Porchlight. Three additional disbursements were to the Children's Dyslexia Center (thanks to Edi and Kim Chan who spend countless hours tutoring), Church Women United (Ellie Metzloff is very involved and keeps us updated with events and projects), and MOM (Janice Krall and Roy Lembcke are very busy here!). Roy says that 1 million pounds of food has been distributed in 2014, as of early December!
- Thanks again to all who helped the Outreach Committee in so many ways this past year!

Please stay tuned to hear about our future Outreach activities! We have several potluck speakers in mind, but we would love to hear your ideas!

—Honorably Retired Ray Bayley, Kate Dooley, Barb Fleishman, Ruby Meyer, Gale Oakes, Aundrea Price, and Wendy Weber



Annual Congregational Meeting

The annual meeting of the Dale Heights congregation has been set for **January 25, 2015** following worship. Please plan on staying to hear the reports of the committees and to elect two ruling elders to the Session, class of 2018.

Annual committee reports are due to the office by **January 20**.

Check out our website:

www.daleheightspc.org

Sunday Schedule

9:00-10:00am

Christian Education for all ages

10:00am

Worship

11:00am

Fellowship

Dale Heights

Mission Statement:

Our open-minded congregation affirms and celebrates God's gifts of love and grace. We seek to share God's love by inviting others to join us in following Jesus and by serving those in need in our community and world.

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